



Botanical Detox Facial

TREATMENT TIME: 25-50 mins.

APPROXIMATE COST PER TREATMENT: \$3.5+

SKIN TYPES: All

Purify and detox skin with natural botanicals. Treatment begins with a deep pore cleanse and purifying facial scrub, followed by an anti-aging targeted facial massage. A botanical detox masque with activated charcoal provides a total cell detox. Treatment is customized with targeted facial serums, a contouring & soothing eye gel and completed with a skin-balancing moisturizer.

1. **CLEANSE:** Cleanse skin with a small amount of **Deep Pore Cleanser**, add water to activate into a foam. Remove with warm towel.
2. **EXFOLIATE:** Gently exfoliate the face and neck in circular motions with **Cranberry Purifying Scrub**. Remove with warm towel.
3. **2nd CLEANSE:** Perform a second cleanse with your choice of **Deep Pore Cleanser** or **Lemon Chiffon Cleanser**. Remove with warm towel.
4. **OPTIONAL ADD-ON/ENHANCEMENT:** Apply a peel or enzyme based on skin type. Refer to individual product data sheet for application instructions. If service is upgraded to include an enzyme or peel, skip facial massage as indicated below and perform 7-Step Micro Massage Technique while peel/enzyme is on, do not perform massage with salicylic peels.
5. **FACIAL MASSAGE:** Perform the 7-Step Micro Massage Technique with a small amount of **Pure Oxygen Serum**.
6. **EXTRACTIONS:** Perform gentle, spot extractions, where necessary.
7. **TONE:** Apply your choice of Skin Fitness Therapy toner/spritz to cotton round and tone skin on the face and neck.
8. **MASQUE:** **Botanical Detox Masque with Activated Charcoal & Bamboo Silk** — Apply ¼ - ½ tsp. of masque with either a fan brush or massage directly into skin. While masque is on, massage neck, shoulders, arms and hands. Remove masque with warm towel.
9. **TONE:** Spritz skin with your choice of Skin Fitness Therapy toner/spritz to balance and restore skin's PH.
10. **TARGET SERUMS:** Customize treatment, based on client's skin type and needs with your choice of Skin Fitness Therapy serums.
11. **EYES & LIPS:** Apply a small amount of your choice of Skin Fitness Therapy eye therapy product. Apply a tiny drop of **Crystal Dew Drops** to lips.
12. **Moisturizer:** Apply a small amount of Skin Fitness Therapy moisturizer and/or **Sun-Fit Mineral Skin Protection**, onto face and neck.

TREATMENT TIPS:

- If guest is not wearing makeup and you would like to spend more time on massage and/or extractions. Mix together Deep Pore Cleanser with Cranberry Purifying Scrub and perform your cleanse and exfoliation at the same time.
- Utilize steam during cleanse, exfoliation and facial massage to prep skin for easy extractions. Do not use steam with peel application. Remove excess massage medium with a warm towel before beginning extractions.
- Botanical Detox Masque can be utilized as massage medium.
- While masque is on, take 1-2 minutes to write out home care recommendations for guest.

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