

# Red Wine Product Manual

## Collagen Enhancing Collection



# Vinotherapy

## THE FOUNTAIN OF YOUTH!

### Red wine for your skin?

Red wine and grape seed extracts contain antioxidant rich polyphenols, one of which is resveratrol. High in OPC's (Oligomeric Proanthocyanidins), some of the most powerful antioxidants, they act as protectors against environmental toxins. Research has demonstrated that OPC's are 50 times more effective than Vitamin E and 20 times more powerful than Vitamin C. Studies show that OPC's are rapidly absorbed and distributed throughout the body within 20 minutes. OPC's activate Vitamin C and put it to work before it leaves your body.

### How do OPC's (Red Wine Antioxidants) reduce wrinkles and restore collagen?

OPC's help fight free radical damage to collagen and inhibit your body's natural enzymes that normally break down collagen, this keeps the skin healthier. OPC's can also bind collagen and help collagen fibers rebuild their cross-links to reverse the damage caused by injury (i.e. deep chemical peels) and free radical attack. The build-up of collagen helps return flexibility and suppleness to skin, keeping it wrinkle resistant. Ongoing research shows that the anti-aging nutrient, resveratrol, helps you maintain younger-looking skin.

**Resveratrol** is very popular as a supplement. But if you're just taking it orally, you're missing out on the distinct advantages it can offer your skin. Scientific studies show that resveratrol has been proven to be effective when topically applied in skin care for the treatment of UV-induced damage, pigmentation, fine lines and wrinkles and acne.

The red wine collection from Skin Fitness Therapy contains a fruit cocktail of ingredients including red wine grapes, blueberries, cherries, pomegranates and tomatoes, all rich sources of vitamins, minerals, bioflavonoids and polyphenols essential for healthy, young and radiant skin!



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# Lemon Chiffon Cleanser

## RED WINE COLLECTION

**SKIN TYPES:** Normal, dry, mature

**PH:** 6.00

### BENEFITS

This delicately scented, shea butter-based cleanser gently and effectively cleanses skin of all makeup and impurities without altering the skin's natural pH. Purifying and refreshing lemon extract tones, sebum-balancing jojoba balances, while hydrating shea butter moisturizes the skin, making this an ideal cleanser for all mature and dry skin types.

### FOCUS INGREDIENTS

- **Grape seed extract:** antioxidant, soothing, anti-bacterial
- **Aloe vera (D-complex):** refreshing, humectant, emollient, soothing
- **Lemon extracts:** antiseptic, maintains skin acid mantle
- **Glycerin:** humectant that helps skin retain moisture
- **Safflower oil:** hydrating, contains vitamin E, softens skin
- **Jojoba oil:** highly lubricating and anti-oxidative oil
- **Shea butter:** powerful antioxidant, nourishing, skin protectant
- **Squalane:** readily absorbed moisturizing lipid similar to what body produces naturally to lubricate and heal, naturally found in olive oil

### APPLICATION

Use as often as desired to cleanse the face or to remove eye make-up. Apply a generous amount of cleanser to wet skin and gently massage into skin. Remove with warm water using towels or cotton pads. To remove eye makeup, apply a small amount to a wet cotton pad and gently wipe eye area until all make-up is removed.

### INGREDIENTS

Distilled water, aloe vera (D-complex), cyclomethicone/dimethicone copolyol, glycerin, milk caprylic/capric triglycerides, safflower oil, cetyl alcohol, jojoba oil, cetearyl alcohol, shea butter, squalane, glyceryl stearate, xanthan gum, jasmine alcohol, grape seed extract, lemon oils

### CAUTION

For external use only. Avoid contact with eyes. Keep out of reach of children.



# Crushed Grape Seed Scrub

## RED WINE COLLECTION

**SKIN TYPES:** Normal, oily, dry, and mature

**PH:** 3.0

### BENEFITS

Scrub away the old and bring in radiant new skin with the triple action power of skin-friendly granules, natural acids and enzymes. This potent exfoliant is a synergistic blend of finely crushed grape seeds, jojoba beads, zeolite minerals, glycolic acid polymer, and fruit enzymes.

### FOCUS INGREDIENTS

- **Jojoba beads:** gently sloughs away dead skin cells
- **Crushed grape seeds:** natural and gentle exfoliation
- **Zeolite minerals:** trap and remove toxic pollutants, makeup and impurities
- **Fruit enzymes:** digests dead skin cell build up
- **Glycolic acid polymer:** natural acid from sugar cane, detaches lifeless cells to stimulate skin renewal
- **L-mandelic acid:** anti-bacterial, anti-inflammatory, exfoliating
- **L-tartaric acid:** from wine, stimulates collagen
- **Diatomaceous earth:** natural mineral, absorbs and traps impurities

### APPLICATION

Apply to moist skin after cleansing. Using gentle, circular motions, massage into skin for 1-3 minutes to allow the acids and enzymes to digest dead skin cells. Rinse thoroughly. May be used with light steam. A slight tingle may occur. Suggested use is 2-3 times per week, or as recommended by your skin care professional.

### INGREDIENTS

Distilled water (aqua), witch hazel (hamamelis virginiana) extract, jojoba beads, crushed grape seeds, zeolite minerals, diatomaceous earth, glycerin, caprylic/capric triglyceride, bphenyl alcohol, Peg-fatty amino acid, glycolic acid polymer, L-mandelic acid, L-tartaric acid, fruit enzymes, benzyl alcohol

### CAUTION

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# Cherry Wine Face Smoothie

## RED WINE COLLECTION

SKIN TYPES: All, aging, acne

PH: 2.25

### BENEFITS

The ultimate skin peel cream that provides a safe and convenient way to slough away tired and aging skin cells. This exclusive formulation of natural acids and enzymes will renew and refresh the skin. Wrinkles, blemishes, dark spots and other signs of aging will also be diminished and corrected. For acne, this clarifying treatment helps to dramatically reduce inflammation. This face smoothie is a safe at-home peel, and is also effective as a treatment booster in professional skin care treatments.

### FOCUS INGREDIENTS

- **Cherry puree:** soothing, anti-inflammatory
- **L-lactic acid:** encourages protein softening and cell-turnover, evens out discoloration, gently clarifying
- **L-tartaric acid:** powerful antioxidant from wine, enhances effects of malic acid
- **L-malic acid:** promotes better circulation and healthier capillaries in the skin
- **Salicylic acid:** softens the keratinized barrier cells, anti-bacterial, helps eliminate clogged pores, beta-hydroxy acid responsible for oxygenating and detoxifying
- **Pineapple enzymes:** digests dead skin cells, skin-softening
- **Pomegranate extract:** polyphenol antioxidants that inhibit pre-mature aging and wrinkles
- **Mandelic acid:** humectant, skin conditioner, anti-oxidant
- **Red wine:** powerful antioxidants that promote collagen and strengthen elasticity
- **Wild cherry bark extract:** soothing and anti-inflammatory
- **Red grape seed extract:** antioxidant from polyphenol content
- **Lycopene extract:** powerful antioxidant, anti-carcinogenic properties, enhances communication between cells

### APPLICATION

Apply a small amount to skin in the evening. This treatment is potent, apply sparingly according to skin tolerance and take care not to get product near eyes. Begin treatment 2-3 nights a week for the first two weeks, increase as needed. Moisturizer may be layered on top.

### PROFESSIONAL TIP

Refer to the Advanced Power Peel Treatment Chart & Guide for directions on layering with additional peels for a more advanced pro-peel treatment.

### INGREDIENTS

Purified water, L-lactic acid, glycol distearate, stearic acid, cetly alcohol, glycerol, silicone, glyceryl stearate, L-tartaric acid, salicylic acid, isopropyl palmitate, pomegranate extract, red wine extract, wild cherry bark extract, L-mandelic acid, L-malic acid, bromelin, grape seed extract, black cherry oil, lycopene, xanthan gum, benzyl alcohol, carmine

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# Red Wine Spritzer

## RED WINE THERAPY

SKIN TYPES: All skin types

PH: 5.00

### BENEFITS

The Red Wine Spritzer is a rejuvenating and refreshing antioxidant mist. Witch hazel extract assists in increasing circulation in the skin, while also moisturizing and softening. Wine and grape seed extract provide potent antioxidant properties. Cucumber, aloe and lavender add toning and calming benefits.

### FOCUS INGREDIENTS

- **Witch hazel extract:** antiseptic, tightens and constricts pores while simulating circulation
- **Red wine and grape seed extract:** antioxidant, polyphenols
- **Cucumber and aloe extracts:** moisturizing, calming, soothing and anti-inflammatory
- **Lavender essential oil:** inhibits bacteria, astringent, firms and tones skin, stimulates circulation

### APPLICATION

Mist face and neck after cleansing, or over makeup to refresh.

### INGREDIENTS

Distilled water, witch hazel, red wine and grape seed extracts, cucumber and aloe extracts, lavender essential oil

### CAUTION

For external use only. Avoid contact with eyes. Keep out of reach of children.



# Firming Red Wine Serum

## RED WINE THERAPY

**SKIN TYPES:** All, anti-aging, dehydrated, excellent for travelers

**PH:** 5.7

### BENEFITS

The Firming Red Wine Serum is a toning, uplifting and hydrating treatment serum. It contains whey protein, which promotes a tightening action in the skin, while butcherbroom extract acts as a vasoconstrictor, strengthening capillary walls and providing an instant tightening and lifting effect. Natural minerals in this product leave skin with a gorgeous, healthy glow, making it a great multi-tasking product to firm and prime the skin prior to make-up application! Skin will be left visibly softer, glowing, and smooth.

### FOCUS INGREDIENTS

- **Rye polyglucose:** tightening, toning
- **Aloe vera:** refreshing, healing, humectant, emollient
- **L-arginine:** lifting and firming
- **Red wine extract:** powerful antioxidant, anti-aging
- **Squalane:** readily absorbed moisturizing lipid similar to what body produces naturally to lubricate and heal, naturally found in olive oil
- **Cassia betaglycan extract:** calming, anti-inflammatory, helps retain moisture, leaves velvety finish on skin
- **D-glucuronic acid:** precursor of Vitamin C in body, humectant
- **Allantoin:** antioxidant, healing, soothing, anti-irritant
- **L-alpha-bisabolol:** anti-inflammatory, soothing, anti-irritant
- **L-limonene:** anti-bacterial
- **D-alpha-tocopherol:** antioxidant, preservative, heals and repairs tissues
- **Butcherbroom extract:** strengthens capillary walls, anti-inflammatory
- **D-panthenol:** emollient, hydrating and anti-inflammatory

### APPLICATION

Completes any professional treatment and can be used at home whenever skin is feeling tired and needs instant firming and tightening. Firming for the neck and décolleté. It can be applied daily prior to moisturizing, or as a make-up primer.

### INGREDIENTS

Distilled water, glycerol, rye polyglucose, aloe vera (D-complex), L-arginine, red wine extract, milk protein, cassia beta-glycan, D-glucuronic Acid, allantoin, L-alpha-bisabolol, L-limonene, D-alpha-tocopherol, butcherbroom extract, hydrocotyl extract, squalane, L-methyl lactate, D-panthenol, mica, titanium dioxide, calendula (essential oil), horse chestnut, citric acid, jasmin alcohol

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# Multi-Vitamin Serum plus Stem Cells and Dynalift™

## RED WINE RE-VITAL SERUM (RED WINE COLLECTION)

SKIN TYPES: All skin types

PH: 4.8

### BENEFITS

The Multi-Vitamin Serum utilizes a patented technology known as HTN™ biotechnology, which is a unique process that is able to physiologically orientate the production of specific substances into defensive responses of the plant against environmental, physical and biological stresses. Through in-vitro culture of plant stem cells in protected and highly controlled conditions, this technology achieves the precise production of these substances with considerable biological properties.

### FOCUS INGREDIENTS

- **Buddleja davidli stem cell™**: shrub of the Scrophulariaceae family, which is native of Eastern Asia and widely spread in Europe, mostly as an ornamental plant. In holistic medicine, Buddleja are widely used for their wound healing, anti-inflammatory and anti-bacterial properties. Buddleja Davidii Stem Cells protect against photo-damage and oxidative stress through inhibition of collagenase, antioxidant and anti-inflammatory activity.
- **Dynalift™**: is an invisible film to smooth and tighten the skin immediately and lastingly. It is a tightening, active substance of vegetable origin, which forms a stretching film on the surface of the skin to provide an immediate and durable tightening effect. The numerous hydroxyl functional groups (—OH) of the polyosides interact with each other and with the keratin of corneocytes to form a tightening film on the skin's surface. The attractive force of each bond creates a tension that produces a micro-lifting effect on the skin. Clinical studies show the decrease in principal wrinkle volume reached 28.5% with a lasting effect after 1 hour of applying DYNALIFT™.

### ADDITIONAL CLINICALS HAVE SHOWN

- Buddleja davidii stems cells demonstrates an efficacy that protects against UVA-photo damage.
- Significant preservation of the lipid component of the skin from oxidative stress.
- Significant increase in antioxidant resistance of the skin, higher than that of common natural antioxidants.
- Dynalift™ Sorghum polyols form a network with skin proteins, creating instant tightening, smoothing and freshening effect.

### ADDITIONAL FOCUS INGREDIENTS

- **D-Boldine**: from the Boldo leaves in Chile, has powerful antioxidants
- **Resveratrol**: powerful antioxidants / polyphenols
- **Whey protein**: promotes tightening

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- **Heavy water (D20):** slows the evaporation of moisture
- **Biopeptides:** soy based for firming and hydrating
- **Alpha lipoic acid:** anti-Inflammatory

## APPLICATION

Apply to the face and neck daily after cleansing and toning, prior to moisturizer.

## INGREDIENTS

Virginiana (witch hazel) water, glycine soja (soybean) protein, alcohol, alcohol denat., aqua (water), glycerin, tocopheryl acetate (d-alpha), glycine soja (soybean) oil, buddleja davidii meristem cell culture, peumus boldus leaf extract, sodium polystyrene sulfonate, sorghum bicolor stalk juice, camellia oleifera (green tea) leaf extract, vitis vinifera (grape) seed extract, wine extract, deuterium oxide (heavy water), gluconolactone, xanthan gum, cassia angustifolia seed polysaccharide, dimethicone, whey protein, superoxide dismutase, citric acid, santalum austrocaledonicum (sandalwood) wood oil, glucosamine hci (d), carnosine (l), phytic acid, glutathione (l), citrus aurantium dulcis (orange) peel oil\*, citrus grandis (grapefruit) peel oil, cymbopogon schoenanthus (lemongrass) oil\*, pvp-iodine, fullerenes, sodium

## CAUTION

For external use only. Avoid contact with eyes. Keep out of reach of children.



# Vital C Serum 20% w/Ellagi-C & Resveratrol Concentrate

## RED WINE THERAPY

**SKIN TYPES:** All, mature, pigmentation, fine lines and wrinkles

**PH:** 2.1

### BENEFITS

Unleash your skin's natural power to help prevent the visible signs of aging. Our advanced formulas apply technology that is scientifically developed and clinically tested to provide maximum delivery of Vitamin C into fibroblasts, stimulating collagen. This serum reduces wrinkles and improves skin texture by firming, toning, as well as brightening the skin.

Our chirally correct, 20% Vitamin C is enhanced for advanced, fast-acting delivery with a unique ingredient – Ellagi-C. Ellagi-C is an extract from the bark of an African tree (*Anogeissus Leiocarpus*). The leaves, roots and bark are well-known providers of health and anti-aging benefits. Ellagi-C in of itself is an antioxidant, and when paired with Vitamin C, increases the incorporation of Vitamin C into fibroblasts. This helps stimulate collagen production and further aids in neutralizing free radicals to prevent oxidative stress.

Clinical studies have found Ellagi-C to significantly reduce wrinkle depth in as little as 14 days and increase Vitamin C incorporation into fibroblasts by 41%.

### FOCUS INGREDIENTS

- **Vitamin C 20%:** high level antioxidant, inhibits melanin production, lightening and collagen-boosting
- **Resveratrol:** antioxidant from red wine
- **Ellagi-C:** incorporates vitamin C into the fibroblast and puts it to work faster for quicker, more enhanced results
- **Hyaluronic acid:** hydrating and plumping
- **Black currant seed oil:** anti-inflammatory, anti-aging
- **Cassia betaglycan extract:** calming, anti-inflammatory, helps retain moisture, leaves velvety texture on the skin
- **Squalane:** readily absorbed moisturizing lipid similar to what body produces naturally to lubricate and heal, naturally found in olive oil

### APPLICATION

Apply daily under moisturizer or layer with treatment serums such as Rapid Recovery – Pure Oxygen Serum and EGF Protein Complex. Slight tingle may occur. For sensitive skin, use every other day, building up to daily use. Apply at night under a cream for brightening and strengthening; wear under skin-lightening products to accelerate activity, effective for neck and chest area.

### INGREDIENTS

Distilled water, compound C 20% w/ Ellagi-C and Resveratrol, cassia betaglycan extract, L-sodium PCA, L-proline, castor oil methyl glycol, squalane, hyaluronic acid, black currant seed oil, citrus essential oils, L-glutathione

### CAUTION

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# Red Wine Blueberry Pumpkin Age Defying Cream

## RED WINE THERAPY

SKIN TYPES: Normal, mature, dry

PH: 5.2



### BENEFITS

The Red Wine Blueberry Pumpkin Age Defying Cream is an extremely moisturizing, soft-textured cream that 'melts' into skin upon application. The shea butter has high skin-penetration properties, which is non-irritating and very effective for dry skin. Non-comedogenic pumpkin oil contains natural Vitamins A and E and beta-carotene, which helps deliver hemoglobin to the cells. As oxygen in the hemoglobin is supplied to the cells, their respiration rate increases. As tissue respiration increases, it effectively pumps destructive oxygen-free radicals out of the delicate, energy-producing machine of the cells, thus slowing the aging process. Blueberry extract contains polyphenols and phytoestrogens that strengthen cell vitality. This complete anti-aging moisturizer leaves a velvety texture on skin!

### FOCUS INGREDIENTS

- **Shea butter:** protective, nourishing and moisturizing due to a high content of Vitamin E
- **Pumpkin seed oil:** antioxidants, increases cell renewal
- **Caprylic/capric triglyceride:** moisturizing
- **Blueberry extract:** potent antioxidant with polyphenols and phytoestrogens
- **Resveratrol:** collagen-boosting, red wine antioxidant

### APPLICATION

Use once or twice daily on clean skin after applying toner and target serums. To protect skin during the day from UV radiation, a small amount of Sun-Fit Mineral Skin Protection may be mixed or layered with moisturizer.

### INGREDIENTS

(Aqua) distilled water, shea (*butyrospermum parkii*) butter, caprylic/capric, triglyceride, blueberry extracts, coco-caprylate/caprato, resveratrol, hexadecyl D-glucoside, octadecyl D-glucoside, pumpkin (*cucurbita pepo*) oil, vegetable glycerine, glyceryl stearate, xanthan gum, benzyl alcohol, essential oils, sandalwood, orange, frankincense

### CAUTION

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# Contouring & Soothing Eye Gel

## RED WINE COLLECTION

SKIN TYPES: All, especially tired and puffy eyes

PH: 6.5



### BENEFITS

This cooling, refreshing, de-puffing and moisturizing eye gel gives eyes a shot of nutrition while contouring and soothing. The base is extremely moisturizing, using a combination of vegetable glycerin, jojoba oil and shea butter. Additionally, aloe vera moisturizes with anti-inflammatory and soothing properties, providing skin with suppleness and softness. Blue chamomile and caffeine instantly awaken tired and puffy eyes.

### FOCUS INGREDIENTS

- **Jojoba oil:** softening, emollient
- **Shea butter/squalane/D-glucuronic acid:** moisturizing, skin-conditioning
- **Aloe vera extract:** refreshing, soothing, de-puffing
- **L-alpha bisabolol/blue chamomile essential oil:** soothing, calming
- **L-menthyl lactate:** cooling, refreshing
- **Caffeine:** de-puffing
- **Yeast extracts:** de-puffing, tightening

### APPLICATION

Gently apply once or twice daily. It is normal to feel a cooling, refreshing, tingly sensation with this product. For additional hydration, layer with a tiny drop of Crystal Dew Drops for Eyes & Lips.

### INGREDIENTS

(Aqua) distilled water, vegetable glycerin, jojoba (buxus chinensis) oil, shea (butyrospermum parkii) butter, aloe vera (aloe barbadensis) extract, squalane, D-glucuronic acid, L-alpha bisabolol, xanthan gum, L-menthyl lactate, (deuterium oxide) heavy water/d2o, caffeine, blue chamomile (chamomilla recutita) essential oil, allantoin, benzyl alcohol and blue chamomile

### CAUTION

For external use only. Avoid contact with eyes. Keep out of reach of children.

# Crystal Dew Drops For Eyes & Lips

## RED WINE COLLECTION

SKIN TYPES: Mature, dry, dehydrated, fine lines and wrinkles

PH: 4.0



### BENEFITS

A luxurious, super-antioxidant eye and lip therapy treatment that provides an intense burst of hydration from pure corn silks. Red wine antioxidants and the super-antioxidant spin traps fight free radical damage, preserving the sensitive eye and lip area.

Crystal Dew Drops for Eyes & Lips incorporates the most advanced technology in skin care to date – a synergistic combination of spin traps and liquid crystals. The liquid crystal is an exquisite medium of optically-active crystalline matrix, which is intensely moisturizing and well-received by the skin. Components of our body- from DNA to cell membranes to muscles- exist in a liquid crystal state. In a crystal state of energy, we can receive and broadcast info. When everything is healthy, we are very flexible, and in liquid state, we are elastic. The body is vibrating at a very high frequency. When the body ages, the skin and internal organs become brittle and energy stops flowing because there is so much solid crystallization. The synergistic blend of liquid crystals, when combined with spin traps and applied topically to the skin, gives skin cells a more youthful energetic state. This effectively slows down the aging process.

### FOCUS INGREDIENTS

- **Cholesteryl stearate:** plant derived cholesteryl, extremely moisturizing and protective
- **Corn silk (zea mays):** emollient derived from corn seeds
- **Spin traps:** highly specialized super-antioxidant that protects skin from free radical damage, traps and re-directs free radicals along other pathways, where the body can utilize them for other purposes
- **L-arginine:** promotes a lifting and firming effect
- **Resveratrol (red wine):** polyphenols with potent antioxidant activity, strengthens elasticity

### APPLICATION

Apply a very small amount to eyes and lips on areas of fine lines, wrinkles, and expression lines. This product gives skin a beautiful shimmer and glow and due to its heavy consistency is an excellent night enhancement product. The Crystal Dew Drops also works well as a daily protective lip moisturizer.

### INGREDIENTS

Cholesteryl stearate/carbonate complex, corn silk (zea mays), resveratrol, phenyl t-butyl nitron (spin trap), L-arginine

### CAUTION

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# Red Wine Concentrate with Noni

## RED WINE THERAPY

SKIN TYPES: Dry, mature, aging

PH: 4.8



### BENEFITS

Red wine extracts contain a high level of antioxidants from a pigment species called bio-flavonoids. This pure red wine concentrate tightens and refines the skin. The warm chiromatherapy blend of oils works-out the skin, preparing and stimulating skin for the red wine therapy which promotes and protects the production of collagen and elastin in the skin essential for maintaining strength and suppleness, while the amazing miracle noni fruit, with its wide spectrum of nutrients, delivers optimum nutrition to skin cells. A chiromatherapy blend of frankincense, sandalwood, and orange essential oils hydrate and rejuvenate, deeply quenching tired skin!

### FOCUS INGREDIENTS

- **Wine extracts:** antioxidant, collagen boosting
- **Grape seed extracts:** potent anti-oxidant, collagen boosting
- **D20:** heavy water, helps prevent evaporation of moisture in the skin
- **Noni:** promotes cellular repair of skin cells, nourishes skin at a cellular level
- **Glycerin:** humectants which help skin retain moisture

### APPLICATION

Apply a small amount to skin at night for an intense burst of hydration and night time treatment to repair, rehydrate and leave skin soft and dewy. For added hydration, use the Red Wine Concentrate with Noni as a masque booster. Massage a small amount into the skin for 5-10 minutes and then proceed with an appropriate masque for added rejuvenation.

### PROFESSIONAL BODY TREATMENT APPLICATION

For an intensely hydrating and skin detoxing treatment, Red Wine Concentrate may either be applied as a pure concentrate or mixed with a carrier oil. Options for a red wine body treatment can include the following:

- Product may be mixed with a salt or sugar scrub to create a hydrating and skin detoxifying body treatment.
- After dry-brushing the body, massage product into skin, followed by a body wrap for additional skin rejuvenation.
- Mix product with a carrier cream or oil for a luxurious red wine body treatment massage.
- Perform anti-aging facial massage with Red Wine Concentrate with Noni for an intense burst of hydration and skin detoxification!

### INGREDIENTS

Glycerin, wine extracts, heavy water, noni juice, grape seed extracts, orange, sandalwood, frankincense, spice blend of essential oils, carmine

### CAUTION

This product produces positive heat in the skin, increasing blood flow and stimulation, which is normal. For external use only. Avoid contact with eyes. Keep out of reach of children.

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# Blueberry Wine Peel

## RED WINE COLLECTION

**SKIN TYPES:** All skin types, especially mature and aging

**PH:** 2.12



### BENEFITS

Blueberries contain potent OPC's (Oligomeric Proanthocyanadins), phytoestrogen and collagen boosting properties which make this berry a wonderful treatment for anti-aging. The Blueberry Wine Peel effectively stimulates collagen and restores firmness to the skin with a 100% natural blueberry puree blended with our 22% natural acid blend of chiral AHA's (alpha hydroxy acids) of L-lactic acid, L-tartaric acid, L-malic acid, BHA (beta hydroxy acid) salicylic acid and fruit enzymes. Additionally, this blueberry exfoliant blend is saturated with our special blend of potent red polyphenols - pomegranate extract, lycopene extracted from tomatoes, wild cherry bark extract, red wine, and red grape seed extract.

### FOCUS INGREDIENTS

- **Blueberry puree:** collagen boosting, hydrating, anti-oxidant
- **L-lactic acid:** encourages protein softening and cell-turnover, anti-microbial, evens out discoloration, gently clarifying
- **L-tartaric acid:** powerful antioxidant from wine, enhances effects of malic acid
- **L-malic acid:** promotes better circulation and healthier capillaries in the skin
- **Salicylic acid:** BHA (beta hydroxy acid), softens the keratinized barrier cells, anti-bacterial, helps eliminate clogged pores
- **Pineapple enzymes:** exfoliant, digests dead skin cells, skin-softening
- **Pomegranate extract:** contains polyphenols - antioxidants that inhibit pre-mature aging, wrinkles and protects skin's collagen and elastin
- **Mandelic acid:** humectant, skin conditioner, antioxidant
- **Red wine extracts:** powerful antioxidants, these oligo-procyanadolic oligomers (OPC's) are found to be 50 times more powerful than Vitamin E, and 25 times more powerful than Vitamin C. Promotes collagen and strengthens elasticity.
- **Wild cherry bark extract:** soothing and anti-inflammatory
- **Red grape seed extract:** potent antioxidant from polyphenols
- **Lycopene extract:** powerful antioxidant, anti-carcinogenic properties, enhances communication between cells

### APPLICATION

Prep skin with 10% Lactic Acid Peel Prep, leave on. Apply an even, thin layer of Blueberry Wine Peel to the face and neck. Leave on for 3-10 minutes. Remove with cool water, using towels or cotton pads. Slight tingle may occur. If redness or irritation occurs, apply Calm Balm Masque for 10-15 minutes.

### ADVANCED POWER PEEL

After applying the 10% Lactic Acid Peel Prep, apply a small amount of Cherry Wine Face Smoothie to the area to be treated, leave on. Apply the Blueberry Wine Peel directly on top and gently massage into skin. Refer to Advanced Power Peel Chart.

## INGREDIENTS

Blueberry puree, salicylic acid, fruit enzymes, L-lactic acid, L-tartaric acid, L-malic acid, pomegranate extract, L-mandelic acid, red wine extracts, wild cherry bark extract, grape seed extract, lycopene extract and black cherry

## CAUTION

For external use only. Avoid contact with eyes. Keep out of reach of children. Test for sensitivity – discontinue if irritating to the skin. This product contains an alpha hydroxy (AHA) that may increase your skin's sensitivity to the sun, and particularly, the possibility of sunburn. Use a sunscreen and limit sun exposure while using this product, and for approximately one week after discontinuing use.

# Pomegranate Acai Wine + Date Seed Peel

SKIN TYPES: All skin types, sensitive, rosacea, acne

PH: 2.12



## BENEFITS

Red is a powerful color for skin care when it originates from potent red polyphenols (flavonoids), abundantly rich in antioxidants. The Pomegranate Acai Wine Peel + Date Seeds is a 100% natural and chirally correct cherry puree, with a 25% natural acid blend of AHAs (Alpha Hydroxy Acids) of L-lactic acid, L-tartaric acid, L-malic acid, BHA (Beta Hydroxy Acid) salicylic acid and fruit enzymes. This almost edible cherry exfoliant blend is then saturated with our special blend of potent red polyphenols - pomegranate extract, lycopene extracted from tomatoes, wild cherry bark extract, red wine and red grape seed extract. This peel is beneficial for all skin types, and due to its high antioxidant content, is a great anti-aging peel. Additionally, potent anti-inflammatory ingredients make this a great peel for sensitive, acne and rosacea (mild) skin types.

## FOCUS INGREDIENTS

- **Cherry puree:** soothing, anti-inflammatory, antioxidant
- **L-lactic acid:** encourages protein softening and cell-turnover, anti-microbial, evens out discoloration, gently clarifying
- **L-tartaric acid:** powerful antioxidant from wine, enhances effects of malic acid
- **L-malic acid:** promotes better circulation and healthier capillaries in the skin
- **Salicylic acid:** softens the keratinized barrier cells, anti-bacterial, helps eliminate clogged pores, BHA responsible for oxygenating and detoxifying
- **Glycolic acid:** reacts with the upper layers of the epidermis by weakening the binding proteins of the lipids that hold the dead skin cells
- **Date seeds:** antioxidant, strengthens skin's elasticity, anti-aging
- **Acai fruit:** antioxidant, protects skin from free radical damage, helps protect connective tissues
- **Pineapple enzymes:** exfoliant, skin softening
- **Pomegranate fruit:** astringent, rich in polyphenols which are antioxidants that inhibit pre-mature aging and wrinkles
- **Mandelic acid:** humectant, skin conditioner, antioxidant
- **Wine extract:** powerful antioxidants, promotes collagen and enhances elasticity
- **Wild cherry bark extract:** soothing and anti-inflammatory
- **Vitis vinifera (grape) seed extract:** potent antioxidant, rich in polyphenols
- **Lycopene extract:** powerful anti-oxidant, anti-carcinogenic properties, enhances communications between cells

## APPLICATION

Apply an even layer of the peel, about ¼ tsp., to the face and neck. Leave on for 3-10 minutes. Peel may be massaged into the skin. Remove using cool towels or cotton pads. Slight tingle may occur. If redness or irritation occurs, apply Calm Balm for 10-15 minutes.

## ADVANCED POWER PEEL

After applying the 10% Lactic Acid Peel Prep, apply a small amount of Cherry Wine Face Smoothie to the area to be treated, leave on. Apply the Pomegranate Acai Wine + Date Seed Peel directly on top and gently massage into skin. Refer to Advanced Power Peel Chart.

## INGREDIENTS

Prunus avium (sweet cherry) seed oil, punica granatum (pomegranate) fruit, lactic acid (l), glycerin, xanthan gum, aqua (water), phoenix dactylifera (date) seed, cyclopentasiloxane, salicylic acid, glycolic acid, mandelic acid (l), malic acid (l), wine extract, punica granatum (pomegranate) extract, hydroxypropyl methylcellulose, euterpe oleracea (acai) fruit extract, prunus serotina (wild cherry) bark extract, vitis vinifera (grape) seed extract, lycopene, sodium metabisulfite, hamamelis virginiana (witch hazel) water, alcohol, tartaric acid (l), caprylyl glycol, citric acid, gluconolactone, phenoxyethanol, sodium benzoate, potassium sorbate, fragrance/parfum

## CAUTION

For external use only. Avoid contact with eyes. Keep out of reach of children. Test for sensitivity – discontinue if irritating to the skin. This product contains an alpha hydroxy acid (AHA) and a beta hydroxy acid (BHA) that may increase your skin's sensitivity to the sun, and particularly, the possibility of sunburn. Use a sunscreen and limit sun exposure while using this product, and for approximately one week after discontinuing use.